



*All of our training's are created with you in mind!*



### **Providing Trauma Informed Care During the COVID-19 Crisis (Series)**

August 3, 11, 17, 24, 31  
11:00 AM - 12:30 PM

Presented by: Christina Grosso, Owner/  
Operator of Mind+Body=ONE, PLLC

This series will focus on the following topics:

- Part 1: Applying Psychological First Aid During the COVID-19 Crisis
- Part 2: Caring for Self: The Helper's Journey
- Part 3: Caring for Clients
- Part 4: Providing Tele-health
- Part 5: Considerations for Educators

**[Click here to learn more and register!](#)**



### **Enhancing Presentation Skills Virtually (Series)**

July 27-29 10:00 AM - 12:00 PM  
July 30 & 31 10:00 AM - 1:00 PM

Presented by: Stacey Rae Allen, Presentation & Speaking Voice Expert/Connected Speech Services

- \* You will leave this workshop with the skills you desire to speak confidently in professional spaces.
- \* Because you no longer want a virtual setting to hold you back
- \* To propel your presentation skills to the next level

Together, we will tackle:

- o Virtual Presentation skills
- o Agility on the Zoom platform
- o Learning virtual meeting facilitation tips and tricks
- o Creating an improved professional work from home set up

**[Click here to learn more and register!](#)**



## Diversity, Equity, and Inclusion

August 4, 18, 25, September 2 - 1:00 PM - 2:00 PM

August 12 - 2:00 PM - 3:00 PM

Presented by Richard Leong, M.Ed  
Learning/Development | Diversity, Equity, Inclusion | Leadership Coaching

Over 5 weekly sessions, participants will discuss DEI content and practices and reflect on how they (as both individuals and organizations) can incorporate them.

Specific topics (sessions) are:

- Equity vs Equality
- Inclusion at Home
- Understanding and Navigating Conflict -Intent vs. Impact
- Culture & Professionalism
- Diversity & Inclusion are Not Enough: We Need Equity

[Click here to learn more and register!](#)



## Strategic Planning (Series)

August 10, 12 & 14

10:00 AM - 1:00 PM Each day

Presented by: Jeff Kundel, M.S

Given these uncertain times, strategic planning is more important than ever. For any organization to survive, and for non-profits in particular, they must have a well-informed, data driven strategic plan that has been adapted to meet the demands of our new operating environment. This collaborative session has been designed to respond to that environment, and will cover topics such as:

- Crisis Management vs. Strategic Planning how they differ and how they intersect
- Conducting an effective, actionable SWOT Analysis
- Selecting data points to objectively evaluate your current success with meeting the demands of your mission
- Choosing goals and strategies that are realistic and effective
- Creating a strategically focused organizational culture
- Reporting on progress and how to determine if your plan needs revision

[Click here to learn more and register!](#)

## Coming Soon - More information to follow!

- Infection Control for Education Providers
- Data Visualization- Best Practices and How to Engage Stakeholders
- Managing Your Virtual Employees

To stay updated or to access any of our complimentary training's visit our website

[Visit our website](#)